



Mallow Swimming Complex



November

	5.45am	7.30am	10.00am	11.00am	12.00pm	1.00pm	2.00pm	3.00pm	4.00pm	5.00pm	6.00pm	7.00pm	8.00pm	9.00pm
Friday 1 st	Masters	PUBLIC	LESSONS 4	LESSONS 4	PUBLIC	PUBLIC	PUBLIC	PUBLIC	Mallow	Swans	LESSONS 4	PUBLIC	Mallow Tri	C L O S E D
Saturday 2 nd	Mallow	Swans	Swimming	Club	LESSONS 4	LESSONS 4	PUBLIC	PUBLIC	PUBLIC	Swans	Swimming	Club	C L O S E D	
Sunday 3 rd	Mallow	Swans	Swimming	Club	LESSONS 3	LESSONS 3	PUBLIC	PUBLIC	PUBLIC	C L O S E D				
Monday 4 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	PUBLIC	SCHOOL	SCHOOL	PUBLIC	Child	Fitness	Marlins	PUBLIC	Mallow Swans	Masters
Tuesday 5 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	LESSONS 5	Mallow	Swans	PUBLIC	Couch2Swim	Mallow Tri
Wednesday 6 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow Swans	LESSONS 5	Newmarket	PUBLIC	Mallow Tri	Masters
Thursday 7 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child Fitness	Mallow	Swans	PUBLIC	I.W.S.A.	I.W.S.A.
Friday 8 th	Masters	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow	Swans	LESSONS 5	PUBLIC	Mallow Tri	C L O S E D
Saturday 9 th	Mallow	Swans	Swimming	Club	LESSONS 5	LESSONS 5	PUBLIC	PUBLIC	PUBLIC	Swans	Swimming	Club	C L O S E D	
Sunday 10 th	Mallow	Swans	Swimming	Club	LESSONS 4	LESSONS 4	PUBLIC	PUBLIC	PUBLIC	C L O S E D				
Monday 11 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	Child	Fitness	Marlins	PUBLIC	Mallow Swans	Masters
Tuesday 12 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	LESSONS 1	Mallow	Swans	PUBLIC	Couch2Swim	Mallow Tri
Wednesday 13 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow Swans	LESSONS 1	Newmarket	PUBLIC	Mallow Tri	Masters
Thursday 14 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child Fitness	Mallow	Swans	PUBLIC	I.W.S.A.	I.W.S.A.
Friday 15 th	Masters	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow	Swans	LESSONS 1	PUBLIC	Mallow Tri	C L O S E D
Saturday 16 th	Mallow	Swans	Swimming	Club	LESSONS 1	LESSONS 1	PUBLIC	PUBLIC	PUBLIC	Swans	Swimming	Club	C L O S E D	
Sunday 17 th	Mallow	Swans	Swimming	Club	LESSONS 5	LESSONS 5	PUBLIC	PUBLIC	PUBLIC	C L O S E D				
Monday 18 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	Child	Fitness	Marlins	PUBLIC	Mallow Swans	Masters
Tuesday 19 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	LESSONS 2	Mallow	Swans	PUBLIC	Couch2Swim	Mallow Tri
Wednesday 20 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow Swans	LESSONS 2	Newmarket	PUBLIC	Mallow Tri	Masters
Thursday 21 st	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child Fitness	Mallow	Swans	PUBLIC	I.W.S.A.	I.W.S.A.
Friday 22 nd	Masters	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow	Swans	LESSONS 2	PUBLIC	Mallow Tri	C L O S E D
Saturday 23 rd	Mallow	Swans	Swimming	Club	LESSONS 2	LESSONS 2	PUBLIC	PUBLIC	PUBLIC	Swans	Swimming	Club	C L O S E D	
Sunday 24 th	Mallow	Swans	Swimming	Club	LESSONS 1	LESSONS 1	PUBLIC	PUBLIC	PUBLIC	C L O S E D				
Monday 25 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child	Fitness	Marlins	PUBLIC	Mallow Swans	Masters
Tuesday 26 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	LESSONS 3	Mallow	Swans	PUBLIC	Couch2Swim	Mallow Tri
Wednesday 27 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow Swans	LESSONS 3	PUBLIC	PUBLIC	Mallow Tri	Masters
Thursday 28 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child Fitness	Mallow	Swans	PUBLIC	I.W.S.A.	I.W.S.A.
Friday 29 th	Masters	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow	Swans	LESSONS 3	PUBLIC	Mallow Tri	C L O S E D
Saturday 30 th	Mallow	Swans	Swimming	Club	LESSONS 3	LESSONS 3	PUBLIC	PUBLIC	PUBLIC	Swans	Swimming	Club	C L O S E D	
Sunday 31 st	Mallow	Swans	Swimming	Club	LESSONS 2	LESSONS 2	PUBLIC	PUBLIC	PUBLIC	C L O S E D				



KIDS UNDER 2 GO FREE

USE A LOCKER AT ALL TIMES

CHECK OUT OUR FACEBOOK PAGE

